



# Home for Good

## More Art for Hearth

You may have heard of Peter Phelps, the former Outreach client who has shown his appreciation for Hearth with his paint brush.

The energetic and prolific Phelps, now 82, continues to paint for Hearth, who has partnered with the Diesel Cafe in Somerville to put Phelps's latest works on display. You can see Phelps's paintings at the Diesel Café through March 31st.

"The Way I See It" shows the breadth of Phelps's work, from golden koi fish to rainbow-colored landscapes – and everything in between.

Phelps was the subject of many news stories and was even featured nationally on *CBS News Sunday Morning* on November 30, 2008. If



davis square



Artist  
Peter Phelps

you would like to watch that piece, or listen again to Phelps's public radio interview on WBUR, visit the

"News" section of our website, at [www.hearth-home.org/news/press\\_releases.html](http://www.hearth-home.org/news/press_releases.html).

## Outreach Named Social Innovator



The Forum was launched by Root Cause to help organizations develop the business frameworks and skills required to make a lasting social impact and grow to capacity.

Hearth's Outreach Program was

selected as a 2009 Social Innovator for its unique approach to addressing elder homelessness in the Greater Boston area.

"We believe that Hearth is demonstrating an innovative and highly effective solution," said Susan Musinsky, director of the Social Innovation Forum.

The Outreach Program was recognized under the Social Innovation Forum's *The Promise of Healthy Aging* category, which is co-sponsored by Tufts Health Plan Foundation.

To find out more, visit <http://www.hearth-home.org/social-innovator.html>.

## Message from Mark

It's been a long, tough winter for all of us, but for homeless elders these have been especially tough times. Thanks to you, our supporters, our Outreach team



has been able to place dozens of homeless older adults in permanent housing, with the supports they need to make that housing work for them. At Hearth's residences,

*Continued on page 3*

# Art Therapy Comes to Hearth

We are very excited to be able to offer Art Therapy at Hearth for the first time. Karin Mensing has a B.A.



*Karin Mensing Art Therapy Intern, Lesley University*

has been with us two days each week, working one day at Uphams Corner ElderHouse and one day at Ruggles Assisted Living. She works with a number of our elders and facilitates an art therapy group at both locations. Art Therapy enables people to express themselves through art. It has helped to enhance our residents'

in Art Therapy and is currently a first year Art Therapy intern from Lesley University where she is a graduate student in the Expressive Therapies program. Since September, Karin

self-esteem and self-confidence and the art groups have increased socialization.

Residents say they really look forward to meeting with Karin. They like learning different mediums including collage, drawing, ceramic tile mosaics, and others.

They have also especially enjoyed activities with holiday themes, such as making holiday cards and plaster Christmas ornaments. December 18th was declared "Edible Arts and Crafts Day" at Uphams Corner ElderHouse. Karin and the residents spent the morning making and decorating Christmas cookies. Later that day they assembled and decorated two



*Ruggles resident Eric is working on an autobiographical collage with Karin.*

gingerbread houses. Karin will be working at Hearth until May, and Hearth looks forward to having Expressive Therapy interns from Lesley University at Hearth in the future.

Residents' works of art will be on display at the Invaluable Volunteer Reception at Ruggles on April 29th. Stay tuned for more information!

## We Remember Martin

### Ruggles Residents Celebrate Martin Luther King, Jr.

For the past two years, volunteer group People Making a Difference (PMD) has served a lunch and organized special activities for the elders at Ruggles Assisted Living on MLK Day. This year, PMD received a grant from the Massachusetts Service Alliance and planned a whole afternoon of activities celebrating the life and work of the distinguished civil rights leader, with the help of Hearth Activities Coordinator Marie Ciampa.

Thirteen volunteers – from high school students to retirees – left the

comfort of their homes and traveled across snowy streets to serve lunch and snacks to the residents, including



Photo Credit: PMD, 2009

*Resident Annie Beasley shared her story with PMD volunteer Katrina Farias.*

homemade chocolate and sugar-free cake made by a generous volunteer. Following lunch, residents listened to King's "I Have a Dream" speech and discussed King's life, the civil rights movement, and their lives. Some residents shared their personal stories (*Read an excerpt from Annie's story on page 3*) with volunteers, while others made collages and drawings representing equality, diversity, non-violence, and justice.

The afternoon concluded with a sing-a-long to civil rights-era music,

including recordings of performers who participated in the March on Washington. Residents and volunteers sang and marched together, and two, musically gifted elders were so moved that they sang solos.

PMD Executive Director Lori Tsuruda was extremely pleased with results. "Participation was very good. Several of the residents shared interesting stories; one woman had actually participated in the March on Washington, which made her a bit of a celebrity to our volunteers. The Ruggles elders were really enthusiastic about visiting with volunteers and enjoying the music and refreshments. I couldn't have hoped for a better way to celebrate the life of Martin Luther King, Jr."

# Hearth's 2008 Annual Meeting



*Representative Byron Rushing with  
Hearth founder Anna Bissonnette*

Massachusetts State Representative Byron Rushing received Hearth's Distinguished Service award at the meeting for his year of dedication to ending homelessness in the Commonwealth. Hearth founder Anna

Bissonnette presented the award to Rushing, who spoke passionately about the need to continue the fight to end homelessness – even during the current economic downturn.

“Rushing deserves this award for his unceasing efforts to end homelessness, and his passionate advocacy and compassion towards the homeless, the frail and the elderly,” said Hearth President Mark Hinderlie. “His caring leadership and unflagging commitment have inspired us, supported us, and continue to comfort us in the challenging days of the economic distress we face right now.”

Artist Peter Phelps received special thanks for donating his artwork and tirelessly promoting Hearth

in the media. In lieu of the traditional award plaque, Board Member Sue Forti presented the artist with three blank canvases. (For more on Peter Phelps, see page 1)

At the meeting, Hearth also debuted a short film about Hearth. The film was produced by Board Members Greg Ansin and Bob Halloran, and filmed by Board of Visitors member Michael Neel. The eight-minute documentary features Ruggles resident Bob Wright and follows Senior Outreach Case Manager Christina Winkler on her weekly visit to the Long Island Shelter. You can view the film on Hearth's website, <http://www.hearth-home.org/news/hearth-film.html>.

## ***Ms. Annie Beasley's Remembrance***

I was about 26 and working as an aid in a nursing home in Wellesley. I took the bus there every morning, but the day Martin Luther King Jr. made his speech at the civil rights march in Washington DC, I stayed home. I was renting a room in Framingham from a woman, and four of us gather together in her apartment to watch the speech on her TV.

He was both beautiful and sad. No one had ever spoken that way before. He brought things to our attention that no one ever had. He said he'd been to the mountain top. It was an important time. I felt that way about this past election as well. I followed it closely, and I am looking forward to the inauguration tomorrow.

## **Message from Mark**

*Continued from page 1*

we have been able to keep the lights on and the furnaces lit despite significant cuts in our state funding and a very challenging fundraising environment.

That's why we are so grateful to you for continuing to support Hearth. We know that these times create hard choices for all of us. We want you to know that as an organization the board, senior management and staff have been willing to make the hard choices that we believe will keep us on course to achieve our goal of the end of elder homelessness – as long as we continue to receive the support we have been fortunate to receive from you in the past.

So we are continuing to look for new opportunities to create Hearth housing, and have several intriguing prospects in the pipeline; we continue to search for new places to tell the Hearth story of finding real success in eliminating elder homelessness; we continue to create opportunities for the whole community to get involved, including new partnerships with sister organizations and individuals, volunteer opportunities, and the expansion of our Board of Directors and our Board of Visitors.

But in the end, we owe our success and our prospects for the future to those who have nourished us in the past, and to those who are joining us now. To all of you, thank you from the bottom of our hearts!

*Mark Hinderlie*

## **Park Street Angels – A Chronicle of Hope**

Christina Nordstrom is a member of Hearth's board of Visitors. She recently published her “chronicle” of helping homeless elder Bob Wright

find a home at Ruggles. To learn more about her book, visit [www.hearth-home.org/park-street-angels.html](http://www.hearth-home.org/park-street-angels.html).

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## In Memoriam

A great friend to Hearth passed away on Sunday, July 27, 2008.

**Mel Shapiro**, a former Hearth (then CEEH) Board Member, died at the age of 93. The following people made gifts in Mel's memory.

Gary Altman and Judith Ferber	Martha Matlaw
Linda Amir	Glenna Mazel
Mary Jane Bernier	Ann McCormick
Anna Bissonnette and Marion Kenneally	Jane McCormick
Nancy Bloom and Gene Black	Evelyn and Joseph Megerman
Cynthia Broner	Lynne and Bob Norton
Ellen Bruce and Richard Segan	Richard and Judith Olson
Maria Calefato	Carl and Nancie Ostroff
Chestnut at Cleveland Circle	Ellen Parker and Amy Present
Cynthia and Harvey Creem	Mary and C. Peter Parker, Jr.
Madelyn and Bruce Donoff	Larry and Lorna Phan
Susan Dubin	Kathleen Philben and Sheila Fleming
Beatrice Dupar	Barbara and Frank Resnek
Sue Forti and Bob Houlihan	Barbara Rissman
Bob Frank and Jennifer Coplon	Rochelle and Stuart Rossman
Eileen Freitag	Leighton and Carl Scheffy, Jr.
Laurel Friedman	Robert and Valya Shapiro
Helene Fuchs	Rae Silberger
Nancy Gleason	Betty and Ernest Singer
Goddard House - Brookline	Marsha and Marc Slotnick
Anonymous	Phyllis Blest and Paul Solomon
Lori Graubart	Frances Spellman
Amalie Kass	Bluma Stoller
Idit Klein	Ronny Sydney
Judith Kubzansky	Deborah and Leonard W. Tucker
Nancy Lefkowitz and Joel Alpert	Sheila Vernick
Clare and Richard Lesser	Dale and Arnold Zaff
Ruth and Bertram Malenka	Linda and Jerry Zindler
Jane Matlaw	

Earlier this year **Randy Jones**, husband of Sue Jones who is the program nurse at Hearth's Bishop Street House, passed away after a long illness. Generous gifts were made in his memory by:

Josephine Angevin	Kathy MacDonald and Helen Raizen
Billie and Arthur Bruni	Ann and Sean Marley
Stephen and Maureen Cooper	Judy and Jim McAteer
Carol Dixon and Jeffrey Hutton	O.R. Colan Associates
Linda Evans	Carl and Nancie Ostroff
Kimberly Foster and Sandeep Joshi	Michael Payne and Jean Carroon
Ethel Fowkes	Quieter Homes Program
Heather and John Hansen	Keith and Nancy Rupert
Harris Miller Miller & Hanson, Inc.	Marie and Michael Stager
Joni and Bob Henderson	The Urban Group
Frederick Hill	Cynthia Turco
JB Sash & Door Co, Inc.	Mr. & Mrs. Mario Turco
Pooran Chandra Joshi and Saroj Joshi	U.S. Window & Door Construction, Co.
Landrum & Brown	Cheryl Waller
John and Maureen Lengel	Bill and Judy Webster



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# HEARTH

1640 Washington Street  
Boston, MA 02118

**Save the Date!**

**2009 Invaluable  
Volunteers Reception  
April 29, 2009  
6:30pm - 8:00pm**

## Mission Statement

Hearth is a non-profit organization dedicated to the elimination of homelessness among the elderly. This mission is accomplished through a unique blend of prevention, placement and housing programs, all designed to help elders find and succeed in homes of their own. To this end, all housing operated by Hearth provides a creative array of supportive services that assist residents to age with dignity, regardless of their special medical, mental health, or social needs. Hearth believes these goals are best accomplished through respect for staff and elders, with the desire to see both achieve their highest degree of potential.

## Board of Directors

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## Board of Visitors

Pamela Anderson	Chobee Hoy	Mamadou Ndiaye
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Julie Connelly	Joyce King	Deidre Robinson
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Sheila Devine	Carol Lobron	Erin Russ
Caroline Fisher	Gregory Manousos	Ruth Schwartz
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Paul Freddura	Susie McMillan	Bruce Taylor
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Edward Garmey	Doug Mohns, Sr.	Sara Tribe
Wendy Grew	Tabor Mohns	Jim Wayman
Bob Houlihan	Judi Mullen	Gretchen Woodruff

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about upcoming events and  
volunteer opportunities. Sign up at  
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